



# Lunch



## Starters ▶

**Mixed Greens Salad** — \$10.25

**Southwest Tortilla Soup** — \$7.50

**New England Clam Chowder** — \$7.99

**Loaded Baked Potato Soup** — \$7.50

**Avocado Rolls** — \$15.99

Avocado, sun-dried tomato, red onion & cilantro in a crispy tortilla with tamarind cashew dipping sauce

## Desserts ▶

**Bread Pudding** — \$8.99

With vanilla bourbon sauce

**Cheesecake** — \$9.99

**Carrot Cake** — \$9.99

With pineapple brandy cream sauce

**Nouveau Brownie Sundae** — \$9.99

**Peanut Butter Pie** — \$9.99

**Flourless Chocolate Cake** — \$9.99

**Key Lime Pie** — \$9.99

## Salads ▶

**Chicken Avocado** — \$17.99

Grilled Spice Rubbed Chicken Breast, Romaine Lettuce, Shredded Red Cabbage, Carrots, Corn & Black Bean Salsa With Avocado, Lime Wedges, Crispy Tortilla Strips & Chipotle Dressing On The Side

**California Style Cobb** — \$17.99

Chopped Turkey Breast, Crispy Bacon, Avocado, Tomato & Bleu Cheese Crumbles

**Sesame Encrusted Ahi Tuna** — \$19.99

Seared Sashimi Style with Avocado, Carrot, Cabbage, Mixed Greens & Cucumbers With Cucumber Wasabi Dressing

## Bowls ▶

**Nouveau Chicken Bowl** — \$17.99

Grilled Spice Rubbed Chicken Breast, Brown Rice, Sauteed Squash, Red Pepper & Onion, Black Beans, Corn, Avocado, Carrots & Broccolini

**Teriyaki Salmon Bowl** — \$19.99



Grilled Salmon, Brown Rice, Spinach, Green Beans, Broccolini, Cucumber & Sesame Seeds On A Bed Of Fresh Spinach

**Vegan Buddha Bowl** — \$15.99

Black Beans, Garbanzo Beans, Brown Rice, Avocado, Carrots, Cabbage & Broccolini With Tahini Sauce

**Cajun Shrimp Bowl** — \$18.99

Grilled Shrimp with Onions, Bell Peppers & Zucchini In A Spicy Tomato Sauce Over White Rice





## Lunch



### Sandwiches & Wraps ▶

Choice of French Fries, White Chili, Soup, Salad, or Yam Frites

#### Grilled Chicken Melt - \$17.99

Chicken Breast, Bacon, Jack Cheese, Flame Roasted Anaheim Chile & Ranch on Grilled Sourdough

#### Chicken Frisco - \$17.99

Chicken Breast, Grilled Sourdough, Cheddar Cheese, Caramelized Onions & Chipotle Aioli

#### Tuscan Grilled Cheese - \$16.99

Smoked Mozzarella, Tomato, Fresh Basil & Balsamic Reduction On Garlic Ciabatta

#### Mediterranean Chicken Ciabatta - \$17.99

Chicken Breast, Sun-Dried Tomato Basil Tapenade, Feta Cheese, Pesto & Roasted Red Bell Pepper

#### Grilled Goat Cheese Sandwich - \$17.99

Goat cheese with lemon zest, honey, fig jam and basil on grilled raisin bread with arugula salad with balsamic vinaigrette

#### Chipotle Club Wrap - \$16.99

Turkey, Bacon, Lettuce, Tomato, Cheddar Cheese & Chipotle Aioli In A Sun Dried Tomato Tortilla

#### Turkey Cranberry Griller - \$17.99

Smoked Turkey, Gorgonzola Cheese Sauce, Cranberry Compote, Sliced Apples on Grilled Ciabatta

### Burritos ▶

Choice of French Fries, White Chili, Soup, Salad, or Yam Frites  
(Brown Rice May Be Substituted For White Rice)

#### Vegan - \$13.99

Grilled zucchini, yellow squash, red bell pepper, onion, potatoes, beans & California pepper sauce in a sundried tomato tortilla

#### Vegetarian - \$14.99

Grilled zucchini, yellow squash, red bell pepper, onion, poblano chiles, brown rice, jack cheese, sour cream & lettuce in a sundried tomato tortilla

#### Nouveau Seafood Salad - \$17.99

Grilled mix of shredded halibut, shrimp, surimi, crab, green onion & celery in a light yellow curry sauce, with rice, jack cheese & lettuce

#### Shrimp & Bacon - \$19.99

Grilled shrimp, bacon, guacamole, rice, three melted cheeses, chipotle sauce in a sundried tomato tortilla

#### Fish & Shrimp - \$19.99

Grilled fish and shrimp, rice, guacamole, shredded lettuce, sour cream & pico de gallo

#### Salmon - \$19.99

Grilled spice rubbed salmon, guacamole, corn, black beans, rice, cabbage, onion, cilantro & chipotle sauce

#### Grilled Chicken - \$16.99

Chicken breast, zucchini, yellow squash, red bell pepper, onions, rice, sour cream & chipotle sauce in a sundried tomato tortilla

#### Chile Verde - \$17.99

Chunks of pork simmered in tomatillo sauce, rice, beans & jack cheese





# Lunch

## Burgers ►

Choice of French Fries, Yam Frites, Soup, Salad, White Chili

### **Brunch Burger** — \$18.99

½ Pound Ground Sirloin Topped With A Fried Egg, Bacon, Hash Browns, Cheddar Cheese & Mayo

### **Barcelona Burger** — \$16.99

Chorizo & Ground Sirloin With Caramelized Onions, Jack Cheese, Lettuce, Tomato, Mayo

### **BBQ Bacon Cheese Burger** — \$17.99

½ Pound Ground Sirloin, Crispy Smoked Bacon, Cheddar Cheese, Western Style BBQ Sauce, Lettuce, Tomato & Mayo

### **Frisco Burger** — \$16.99

½ Pound Ground Sirloin, Grilled Sourdough, Cheddar Cheese, Caramelized Onions & Chipotle Aioli

### **The Quintessential Burger** — \$16.99

½ Pound Ground Sirloin, Cheddar Cheese, Lettuce, Tomato, Red Onion & Thousand Island

### **The Chicken Burger** — \$16.99

Grilled Chicken Breast, Cheddar Cheese, Lettuce, Tomato, Red Onion & Thousand Island

## Specialties ►

### **Poblano Del Mar** — \$20.99

A fresh fire roasted poblano chile stuffed with crab, shrimp, surimi & halibut topped with caramelized onion, poblano cream sauce, cilantro & jack cheese with rice & sautéed vegetables

### **Chicken Enchiladas** — \$19.99

Chicken breast & Jack cheese in corn tortillas topped with tomatillo sauce, sour cream & cilantro

### **Coconut Shrimp** — \$19.99

Hand battered jumbo shrimp with pineapple apricot sauce served with rice & grilled vegetables

### **Ahi Avocado Rolls** — \$18.99

Chunks of Ahi tuna, creamy Hass avocado, sesame seeds rolled in a crispy flour tortilla with ponzu sauce & cucumber wasabi sauce

## Tacos ►

### **Ventura Fish & Shrimp Tacos** — \$17.99

Spice Grilled With Avocado, Shredded Cabbage, Bell Pepper, Cilantro & Lime Crema In Flour Tortillas Served With Pico De Gallo & Rice

### **Mahi Tacos** — \$17.99

Grilled With Chipotle Sauce & Shredded Lettuce In Corn Tortillas Served With Pico De Gallo & Rice

### **Salmon Tacos** — \$18.99

Spice Rubbed & Grilled With Corn & Black Bean Salsa, Red Cabbage, Avocado, Chipotle Sauce & Lime Served With Rice

